

ARTICHOKE CRUNCH



Chef: Maurizio Ferrari

Method

For the artichoke cutlet: cut the artichoke in two halves. Mix 00 flour with sparkling water in order to obtain a batter and dip the artichokes in it, then crumb in Pangiallo Yellow breadcrumbs. Finally, fry in hot oil. Assemble all the ingredients to prepare the bun.

Gluten Free Method

Menù Ingredients

1 Carciofi alla Giudia - HD307

20 g Armonia di Verdure - Harmony of Vegetables Mix - T51

20 g Cavolo viola pronto (Ready-to-Serve Red Cabbage) - Z8P

Ingredients

1 Bun

00 Flour

Sparkling water

Seed oil