

DEEP OCEAN



Menù Ingredients

- 200 g Quinoa tricolore express - Ready-to-serve three- colour quinoa - VZ1
- 20 g Ceci lessati - Boiled Chickpeas - Z00
- 50 g Cuori di palma a rondelle - Sliced Palm Hearts - UG1
- 60 g Èmazzancolle - MJ1

Ingredients

- 30 g mango
- 20 g fresh matchstick courgettes

Chef: Monica Copetti

Method

Dosi per 1 Pokè Bowl.