

FISH BURGER WITH ARTICHOKE SAUCE



Chef: Monica Copetti

Method

For 1 burger

Blend the fish in the food processor and stir in the Fiokki instant mashed potatoes and the Gransalsa sauce of artichoke hearts. Season with salt and pepper and shape the mixture into burgers.

LOW-TEMPERATURE COOKING TECHNIQUE

Temperature: 62°C

Time: 15 minutes

Before serving, brown in a pan.

Menù Ingredients

20 g Fiokki - Fiokki Potato Flakes - PC0

30 g Gransalsa di cuori di carciofo - Gransalsa sauce with artichoke hearts - C1107

Ingredients

100 g fillets of mixed fish (perch, sea bass, sea bream)

salt and pepper