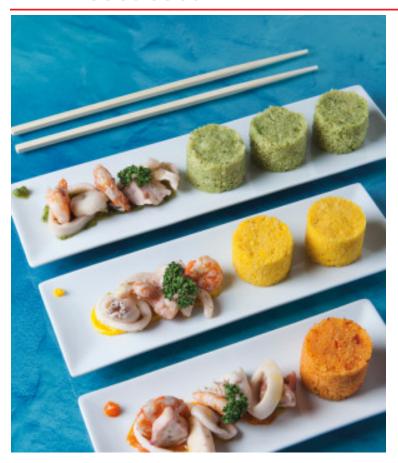


# **THREE COUS COUS MIX**



Chef: Barbara Benvenuti

## Menù Ingredients

 $30~{\rm g}$  Preparato in polvere allo zafferano - Saffron Powder Mix - B90

360 g Èmaremix - MZ1

540 g Cous cous - RU0

60 g Crema di peperoni rossi - Red sweet pepper Sauce - KNOK

60 g Pesto alla genovese - Genovese pesto sauce - BY1X

q.s. Olio extravergine di oliva - Extra-Virgin Olive Oil - EK5

### Ingredients

120 g Fresh cream

q.b. Curly parsley

60 g Cream cheese

### Method

#### Serve 6

In a non-stick pan, boil 90 g. of water with a pinch of salt, add a tablespoon of oil and pour the couscous into it, taking care to mix with a fork until the water is absorbed. Remove from the heat and cover with a lid and leave to rest for about 5 minutes. Shell the couscous with a fork and divide it into three parts. Now we make the 3 different dressing: one with Genoese pesto mixed with the cream cheese, one with the saffron powder and fresh cream and finally a red pepper cream. With the help of a pastry cutter, compose a cylinder for each seasoning prepared mixing it with a part of cous cous. Serve each presentation with Emaremix, garnish with parsley and a drizzle of extra virgin olive oil.

#### Chef's advice

For a "vegetarian" version of the dish, replace the seafood salad with the Gitano Menu Starter and a few slivers of Asiago Menu Cheese